

**Attention: GSR'S and Executive Members - gas reimbursement is available**  
**Any area group may request to have the LAASC Meeting in their own town by contacting the LAASC Chair or LAASC Vice Chair two months in advance to the month they wish to host.**

**LAASC of Narcotics Anonymous**  
**Minutes from March 2022**  
 Zoom Meeting ID: 230 938 119 Password: 123456

*March ASC was held at 1501 10<sup>th</sup> Ave S. Fargo ND on March 19<sup>th</sup> at noon, April ASC Meeting will be held at 401 N 7<sup>th</sup> St, Grand Forks, ND 58203 on April 16<sup>th</sup> at noon and on zoom.*

**Region Wide Zoom Information can be found on [www.umnna.com](http://www.umnna.com)**

**Part 1: Attendance**

**Garrett R. Crystal C. Megan J. Jess J. Emily R. Sly W. Frank H. Jordan R. Koda J. Christian R. Jarette H. Megan S. Shawn M. Brendan C. Crystal P. Malik N. Josh R. Dick B. Aurora S. Mary A. Amber L. Dylan D. Amy H. Janna J. Tory Q.  
 Via Zoom: Shawn O. Alex R. John O. Danson S.**

***Part 2: Housekeeping***

**Elections: Secretary: Treasurer- Aurora: passed- 5-3-2**  
**Nominations: Activities Chair- Brendan C. Nominated by Dylan D. 2<sup>nd</sup> by Shawn M. Declined- Tory Q. Nominated by Dylan D. Boo 2<sup>nd</sup>, Declined. Jordan R. Nominated by Brendan C. Declined**  
**Open Positions: Activities Chair**

**Part 3: Reports**

**Chair** – Rosy – Written report attached  
**Vice Chair** – Tory Q – Written Report attached  
**Secretary** – Garrett R-  
**Treasurer** – Koda J. – Written report attached  
**RCM Team:** - Dylan (RCM) ; Brenden (Alt. RCM)– Written reports attached  
**Hospitals and Institutions Chair:** Aaron H. – Written report attached  
**Public Relations Chair:** Crystal P- Written Report Attached  
**Activities Chair:** Dylan D. Written report attached  
**Literature Committee Chairperson:** Shawn M – written report attached

**GSR REPORTS**

Living In Recovery	Dylan D	<i>Needed: Alt. GSR</i>
Candlelight (Fargo)	Jarrette H.	<i>Needed: Secretary, treasurer</i>
Living Clean (Fargo)	Art P. & Mary	<i>Needed: Alt. GSR</i>
A Break in the Day (Fargo)	Amber L. & Alicia B.	<i>Needed: Alt. GSR</i>
H.O.W. (Fargo)	Brendan C.	<i>Needed: Treasurer</i>
Stepping Stones, Mixed Nuts, New Hope (Thief River Falls)	Shawn O.	Don't Do Drugs:

Women's No Matter What	Brandi S.	Needed: Alt. GSR
Parents and Children	Jon T.	Needed: GSR, Alt. GSR, Vice Chair,
Saturday Addicts	Crystal P.	Needed: All of them
Circle of Recovery	Christian R.	Needed: GSR

#### Part 4: Sharing Session

##### Old Business

- 1. Guidelines Discussion: Motion- Made by Brendan Seconded by Frank. Change guidelines to: Under Activities sub committee section H. Intent: To replace the previous unrealistic duty with one that's purpose is realistic and a possible duty that protects anonymity.**
- 2. ADD AUDITOR: Made by: Richard B Seconded: Shawn O. Motion: Add Auditors to trusted servants section add position description and delete last paragraph in checking accounts. Intent: To make the auditor position clear and official and delete old conflicting information currently in the guidelines. TABLED(2nd time)**
- 3. Motion: Amendment made to Brendans current motion: Made by John O. 2<sup>nd</sup> Brendan C.**

**All of the following business was tabled from February ASC and was not discussed due to time constraints during the March ASC. This business will remain to be discussed in April even though it was not "technically" NEW business.**

- **MOTION: Made by: John O 2<sup>nd</sup> by Brendan C. Amend point H Motion to Activities Committee will create and post a visible sign at all events. This sign will communicate a reminder to all attendees about respecting our spiritual principle of anonymity, specifically mentioning being considerate with photos. INTENT: A clear directive with mention of the actual reasoning/spiritual principle included. (TABLED)**
- **MOTION: Made by: Brendan C. 2<sup>nd</sup> Rosy M. To change wording under "voting" so that abstentions do not count towards the 2/3 rule, to add an option for "present but not voting" (which WOULD count toward the vote) and take out the "rule of quorum" at the end of the section. INTENT: To make the voting section of our guidelines more clear and to give GSR's the option to decline from voting while still counting towards the 2/3 rule. (TABLED)**
- **Motion: Made by: Frank 2<sup>nd</sup> by: Brendan C- At Match ASC the body appoint an Ad Hoc chair to bring a web plan for approvals by the ASC , with a budget proposal.**

##### New Business

**Discussion: Grievance brought by the She Do Recover Meeting. Grievance was presented by Sly W and brought by the service committee of the She Do Recover Meeting of Fargo ND. The grievance document is attached to this email and a google doc link has also been provided.**

**Meeting finished around: 4 PM**

#### **REPORTS**

### **Chair Report**

Good afternoon LAASC. It has now been a few months of service for several of our area officers and while last month was a bit of a new experience for lot of the members of this body, I felt that (just like any meeting of Narcotics Anonymous) it would be wrong to fully cancel with no way of informing those newer to service of the change. So, I elected to have the meeting and thankfully so, as we had a record turnout. The occurrence of meeting without being able to execute our business in the familiar way was a first for several of us but we rose to the challenge and tried to maintain the same organization and format of any other meeting. Many have voiced that they believe we failed.

It would be an easy out to label last month in a way that I have heard from several people that were both present as well as those who were only blessed with second-hand accounts of discussions...that it was a "shit show". However, this program is about progress and never perfection. And...in light of this, I choose to shift the perspective of the less structured and slightly chaotic happenings of last month and view it as an opportunity to learn, grow and improve. We are a fairly new body and, while we strive to fulfill our duties to the best of our abilities each day, our collective experience is still in its infancy. We have already begun to discuss implementations of new policies to make things run more smoothly, in a more organized manner and welcome other ideas in this same vein.

There are many changes ahead and I hope that this body can support each other through them all. Thank you for your service and sacrifices for this fellowship and...as always, I am available to assist in any way I can to help not only this body continue to progress forward but also to help any individual officer of this body in their journey of service in recovery.

Yours Faithfully,  
Rosy M  
Chair of LAASC

### **Vice Chair Report**

Hello beautiful area addicts,

There isn't a huge amount to report on. I am continuing involvement with subcommittees per my position requirements. I encourage all subcommittees to reach out to me when gathering for meetings and I will gladly participate if able. I was also able to get to the bank to sign for the chair to be on the LAASC account.

Thank you for letting me continue to be of service.

All the loves,  
Tory Q

### **Activities committee:**

Hello my fellow recovering addicts! Our area activities committee met last weekend and the noteworthy decision was we decided to make Service Begins with me banquet 2022 a free event to attend! We will have 3-4 workshops on the different levels of service in NA. We do still have a plan to cater this event and have a fellowship dinner together following the workshops! Then we will all gather in the main room for our speaker Brian D. to end the evening! I would also like to take this opportunity to mention to the groups that, in light of us making this a free

event, we would love to have any groups that are willing and able to help this event throughout our area in the spirit of the 7<sup>th</sup> tradition to contact myself or a area activities committee member to do so! Thank you for allowing me to serve with love!

-Dylan D.

-Dylan Dymowski

### **RCM team:**

-The area should know that UMRNA is in need of a new Web Chair!

-fellowship development needs a chair as well. This position helps support the newer NA groups and supply literature to them as well. This position holder should be available to travel and be available to visit these groups!

-We would like the groups to discuss and bring their will to the area on the idea of our region creating an Ad hoc committee to sell merchandise year round in order to raise funds for our region! The people chairing and heading this committee would be Sly and Chris C.

Nominations needed for Chair, Co- Chair, Secretary and fellowship development!

-The next UMRNA service committee will be held at 10am on May 29<sup>th</sup> at Fair hills resort in Detroit lakes MN

-Dylan Dymowski

### **PR Chair**

Dear Fellow Addicts!

I am very excited and grateful to be able to serve this area, this community and work with the beautiful people on this committee!

This month I was able to get all the information needed to proceed as PR Chair,

Thank you to the Prior PR Chair for her help and continued support!

I set up this Email Specifically for this Position, and it will be an email that will follow this position!

I am on the NAWS PR MAILING list!

The meeting list has been updated and new ones printed for the GSR'S to take back to their groups!!

I posted on Clean and Free inviting my fellow Addicts to join me in my efforts!

I will be setting up a Google phone number and updating the contact information moving forward!!

I appreciate the support from everyone who has made themselves available to help me as I get going as PR CHAIR! It's an honor to serve! Thank you for this opportunity!!

In loving service,

Crystal P.

651-592-4574 [PR.NA.LAASC@gmail.com](mailto:PR.NA.LAASC@gmail.com)

## H&I Chair

Greetings fellow addicts,

Things have been getting more hectic for our sub-committee. I am currently working on a schedule, as we have had several addicts interested in going into Anchorage, as we have continued to be there every Thursday at 6:30pm. I am also working on designating a panel leader for this facility. Thank you for allowing me to be of service.

In grateful service,  
Aaron H.

## February 2022 Literature Report

Hello my friends and colleagues, I am pleased to join you in person this month. I am proud to say the operation of the literature committee is running smoothly. As well as the recreation of the newsletter. The contact person for distribution of the newsletter is Brendan C. The newsletter does come out monthly, available one week prior to the month being featured. Our next subcommittee meeting will be held on Saturday March 5<sup>th</sup> at 11am at the lighthouse church following the living clean group. Anyone who is looking to excel their recovery with a bit of service is invited. Also we are currently seeking a secretary and an individual to hold the vice chair position who in turn would take over the chair position when my term is complete in August this year.

Opening Balance 1/15/22	\$511.82
Literature purchased by Committee	\$776.12
Literature Sales/Dopsites	\$507.46
Inventory on hand today 2/15/22	\$2,169.13
Closing Balance	\$751.29
Total assets	\$2,920.42

In service of Narcotics Anonymous,

Shawn M

# Election Schedule

Position	Current Trusted Servant	Contact Information	Voted In	Term Ends	Meeting
LAASC Chair	Rosy	701-781-2857	1/2022	1/2023	3 <sup>rd</sup> Saturday 12pm
LAASC Vice Chair	Tory Q.	701-412-6223	10/2021	10/2022	-refer to chair
Secretary	Garrett Raedel	701-388-7805	12/20/21	12/20/22	-refer to chair
LAASC Treasurer	Aurora	701-566-1645	3/2022	3/2023	
LAASC RCM	Dylan D	701-740-6223	9/2021	9/2023	-refer to chair
LAASC Alt RCM	Brendan C	701-809-1292	12/21/2021	12/21/22	-refer to chair
LAASC Parliamentarian	Brendan C.	701-809-1292	10/2021	10/2022	-refer to chair
LAASC H&I Chair	Aaron H	701-866-9091	1/2021	1/2023	-refer to H&I chair
LAASC Area Activities Chair	Dylan D	701-740-6223	5/2021	5/2022	-refer to activities chair
LAASC Area Activities Treasurer	John O	218-831-2333	5/2021	5/2022	-refer to activities chair
LAASC PR Chair	Crystal P	701-405-3940	2/2022	2/2023	-refer to PR chair
LAASC Literature Chair	Shawn M	320-469-7520	8/2021	8/2022	-refer to Lit chair

## Resumes:

NA Service Resume Upper Midwest Region of Narcotics Anonymous RSC Approved

Name: Sly W Clean Date 4/3/15

**Position:** Regional Treasure

**Please list all the group, area, regional and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position.**

Rainbow Way GSR 6/15 – 6/17

Regional Actives Committee 1/17 -11/17; 1/18-11/18, 1/21 – present

Regional Actives Treasure 1/21 to 12/21

Area Public Relations Committee 8/15 -11/17

Area H and I committee 8/15 – 9/20

Area H and I Chair 9/18 to 9/20

Area Public Relations Chair 4/16 -11/17

My Ohm group Treasure 5/17 – 5/18

Regional Co-Chair 11/16- 1/17

Regional Chair 1/17 to 1/20

Regional Treasure 1/20 to present

Rainbow Way Treasure 10/20 to 10/21

**Please include any other information you consider relevant.**

WILLINGNESS If you have not completed a term or have been removed from a service position in the last five years, please explain.

N/A

**What resources do you believe you can bring to the position to which you were nominated?**

EXPERIENCE, COMMUNICATION SKILL, WILLINGNESS TO LEARN, WILLINGNESS TO BE OF SERVICE

**What life experiences (i.e. school, work, volunteer, etc.) have you had that you believe will help you serve in the position to which you are nominated?**

EDUCATION, BUSINESS PROFESSIONALS OF AMERICA, AND SOCIAL SKILL, ACTIVE COMMUNICATION

**Have you read the job description and are willing to fulfill the necessary commitment?**

YES

UMRSC PROPOSED BUDGET 2022

\$2,200 is Prudent Reserve for 2022

Executive Committee:

\$3,050.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)  
    \$350 Chair  
    \$350 Vice Chair  
    \$350 Secretary  
    \$350 Treasurer  
    \$350 Activities Chair  
    \$900 Event Lodging Spiritual Refreshment  
    \$400 Event Lodging Regional Convention  
    \$360 Starter Kits  
    Rent for RSC (\$50 for each)  
\$120.00 Miscellaneous (Postage and papers)  
\$118.00 PO Box fee  
\$576.00 Activites Storage  
    \$0.00 Check printing  
\$4,998.00 Total for Executive Committee

Web Resource Person:

\$18.00 Domain Name for Site  
\$350.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)  
    \$0.00 Word Press  
\$368.00 Total for Web Resource

FDC:????

\$0.00 Group Starter Kits  
\$0.00 Literature Order  
\$0.00 Travel to FDC Meetings  
\$0.00 Lodging if Appropriate  
\$0.00 Workshops & Supplies  
\$0.00 Participation in Public Events  
\$0.00 Miscellaneous Expenses  
  
\$0.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)  
\$0.00 Total for FDC

RD Budget:

\$1,000.00 ZF for 2022  
\$400.00 Workshops 2022  
    \$0.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)  
        \$350 RD  
        \$350 RDA  
    \$0.00 Travel and Lodging for AD WSC 2020  
\$3,300.00 Total of RD Team for 2020

\$8,385.00 Total 2020 Budget for the UMRSC



