

Attention: GSRs - gas reimbursement is available at the current federal fuel reimbursement rate of 58.5 cents/mile. Any area group may request to have the LAASC Meeting in their own town by contacting the LAASC Chair or LAASC Vice Chair two months in advance to the month they wish to host.

**LAASC of Narcotics Anonymous
Minutes from April 2022**

Zoom Meeting ID: 230 938 119 Password: 123456

*April ASC was held 401 N 7th St, Grand Forks, ND 58203 (and on zoom) on April 16th at noon.
The May ASC Meeting will be held at 1501 10th Ave S. Fargo ND on May 21st at noon and on zoom.*

Region Wide Zoom Information can be found on www.umrna.com

Part 1: Attendance

Aurora S.	David S.	John O.
Brandi S.	Dylan D.	Jon T.
Brendan C.	Frank H.	Mary A.
Christian R.	Jarrett H.	Richard B.
Crystal P.	Jerry H.	Rosy M.
Danson S.	Jordan R.	Shawn M.

Via Zoom: John T. -Mikena L. -Shawn O.

Part 2: Housekeeping

Elections: Regional Treasurer: Sly W: passed- 5-0-1

Nominations: None

Open Positions: None

Part 3: Reports

Chair: Rosy M. – Written report attached

Vice Chair: Tory Q. – NOT PRESENT Written Report attached

Treasurer: Aurora S. – Written report attached

RCM Team: Dylan D.(RCM) ; Brenden C. (Alt. RCM)– Written reports attached

Hospitals and Institutions Chair: Aaron H. – NOT PRESENT Written report attached

Public Relations Chair: Crystal P. – Written Report Attached

Activities Chair: Dylan D. – Written report attached

Literature Committee Chair: Shawn M. – written report attached

Training Committee Chair: Art P. – Written report attached

GSR REPORTS

Meeting	GSR	Open Positions	Business Meeting
Living In Recovery	Dylan D	<i>NONE</i>	1st Monday
Candlelight (Fargo)	Jarrette H.	<i>Alt. GSR</i>	2nd Monday
Saturday Addicts	Crystal P.	<i>All of them</i>	3rd Saturday
Living Clean (Fargo)	Mary	<i>Alt. GSR</i>	2nd Saturday
H.O.W. (Fargo)	Brendan C.	<i>Treasurer</i>	Tues. before ASC

Women's No Matter What	Brandi S.	<i>Alt. GSR</i>	1st Saturday
Parents and Children	Jon T.	<i>GSR, Alt. GSR, Vice Chair,</i>	
We Do Recover	Danson	<i>x</i>	
Stepping Stones, Mixed Nuts, New Hope (Thief River Falls)	Shawn O.	<i>x</i>	

Part 4: Sharing Session

Old Business

1. Guidelines Discussion: Motion- Made by John O 2nd by Brendan C. Amend point H Motion to Activities Committee will create and post a visible sign at all events. This sign will communicate a reminder to all attendees about respecting our spiritual principle of anonymity, specifically mentioning being considerate with photos. INTENT: A clear directive with mention of the actual reasoning/spiritual principle included.

PASSED - 6 for/0 against/0 abstain

2. Guidelines Discussion: Motion- Made by Brendan C. 2nd Rosy M. To change wording under "voting" so that abstentions do not count towards the 2/3 rule, to add an option for "present but not voting" (which WOULD count toward the vote) and take out the "rule of quorum" at the end of the section. INTENT: To make the voting section of our guidelines more clear and to give GSR's the option to decline from voting while still counting towards the 2/3 rule.

PASSED - 5 for/0 against/1 abstain

3. Guidelines Discussion: Motion- Made by Frank 2nd by: Brendan C- At Match ASC the body appoints an Ad Hoc chair to bring a web plan for approvals by the ASC , with a budget proposal.

PASSED - 4 for/0 against/2 abstain/0 PBNV

NEW business.

- MOTION: Made by: Dylan D. 2nd by Brendan C. To Discuss and gather consensus from groups on our Regional Service Committee creating an ad-hoc committee to sell merchandise year round that will be chaired and led by Sly w. and Chris C.
 - intent: to carry the will of Lake Agassiz Afrea to the Regional Servicer Committee at Spiritual Refreshment in May.

(TABLED to take back to groups for)
- MOTION: Made by: Frank H. 2nd Danson S. To suspend the clean-time requirement for the Vice Chairperson for the duration of their current term (which would be through October).
 - intent: to allow the current Vice Chair to remain in their position as they are ably fulfilling their duties.

(TABLED [after failed vote to bring it to an immediate vote 2/6/1/0] to take back to groups - vote in May)
- Discussion: Made by: Art 2nd by Crystal P.- Written proposal for funds in estimation of \$500 start-up costs. This would cover Literature, whiteboards/markers, printing of worksheets/pamphlets to get us through our two upcoming workshops and gain some supplies to use for the rest of the year.

(PASSED 7 for/0 against/0 PBNV/1 abstain)
- Discussion: Made by Frank H, 2nd by Danson S. -to have Frank create cheap B&W flyers with info as soon as events are planned & circulate them around area meetings.
 - intent: 1. to get basic info out (hopefully a month or more in advance) so that more people can plan to make events. 2. to limit color printing to lower expenses.

(TABLED to May ASC)

5. Discussion: Made by Danson S. 2nd by Dylan D. -A new body of service needs to be addressed for the H&I service in Grand Forks, being conducted at Sharehouse. All groups were not invited to participate,
- Intent: 1. to share responsibility amongst our local groups equally, relieve tension and sore feelings from the groups that were excluded and to stimulate service opportunities for all groups in town. 2. Have a meeting facilitation rotation and clear training guidelines as to who can lead meetings at Sharehouse and appoint a panel leader to help in maintaining a schedule.
- (TABLED to May ASC)

Meeting finished around: 4 PM

ATTENTION GSR SECTION!!!!!!

Please bring these topics to your home groups for discussion and/or voting

New Business Motion #1
New Business Motion #2

REPORTS

Chair Report

Good afternoon LAASC. We had a great opportunity last month to execute discussion of improvements to this body and the way it serves groups in the area. We have already begun to discuss implementations of new policies to make things run more smoothly, in a more organized manner and welcome other ideas in this same vein.

There are many changes ahead and I hope that this body can support each other through them all. Thank you for your service and sacrifices for this fellowship and...as always, I am available to assist in any way I can to help not only this body continue to progress forward but also to help any individual officer of this body in their journey of service in recovery.

Yours Faithfully,
Rosy M
Chair of LAASC

Vice Chair Report

Hello Beautiful Area Addicts,

I am sorry that I could not attend this month's ASC due to a problematic childcare situation. I am grateful for another month of being able to serve the Area Service Committee and continue my involvement with the other subcommittees where possible. It is a due diligence to let the addicts in attendance be aware that last week I did experience a lapse. It is not without the help of the fellowship and the tools I possess that I am already working on myself and the growth I know will come from this. I take much pride in the positions and involvement I hold in NA and respect my peers in this program to be completely transparent with this situation. I hope to continue being of service and thank each and every one of you for your continued service and support.

All the loves,
Tory Q

Treasurer

Thank you for allowing me to be a part of the LAASC service body.

Last month's total was \$2406.89.

We gave gas vouchers totalling \$40.

\$59.78 was paid for the phone line.

Shawn M/Literature deposit was \$184.73.

Fargo Group Deposits totalling \$604.00.

The cash Balance was \$140 prior to printing the meeting list.

We were left with \$50 cash after, which was also deposited.

The total prior to ASC this month is \$3095.84

Aurora S.

LAASC Treasurer

Activities Committee

Hello Lake Agassiz area addicts! We are holding our Service Begins with me banquet 2022 Event in Grand Forks on Saturday April 30th! We will open doors at 12pm and have our first workshop at 12:45!

We will have 3 workshops followed by a catered meal and finished with a Speaker! I hope you can all join us for a great fellowship event to share our experience in NA service with the newcomer and each other! We have a few other things planned such as a clean time countdown and a spiritual refreshment pass give-a-way! I'm excited to help with this year's event and I thank you all for allowing me to help serve my fellow addicts around Lake Agassiz Area!

I also want to add that I hope as a committee body we can nominate a couple of willing people who we think could possibly step into the activities chair role! Being as on the 3rd Saturday of May I will be finishing my term and not seeking to stay in this current service role as Activities Chair! As I have stated the past couple of months I'll be moving forward in new directions within NA service and focusing on my growing family! Much Love!

Activities account is at 1,400\$ no money has been spent since Koda reset our account
-Dylan D

RCM team:

The area should know that UMRNA is in need of a new Web Chair!

fellowship development needs a chair as well. This position helps support the newer NA groups and supply literature to them as well. This position holder should be available to travel and be available to visit these groups!

We would like the groups to discuss and bring their will to the area on the idea of our region creating an Ad-hoc committee to sell merchandise year round in order to raise funds for our region! The people chairing and heading this committee would be Sly and Chris C.

Nominations needed for Chair, Co- Chair, Secretary and fellowship development!

The next UMRNA service committee will be held at 10am on May 29th at Fair hills resort in Detroit lakes MN

I look forward to carrying our areas thoughts on this possible new regional merchandise committee and any other topics to UMRNA service committee!

With love in service: Dylan D

-Dylan Dymowski

PR Chair

Hello Fellow Addicts,

I'm happy to report that the PR Committee meeting on Friday April 15th was awesome! I'm truly grateful to everyone that joined me! 18 Addicts attended with brilliant ideas and heart warming enthusiasm!

I think this speaks volumes to the character and willingness of our N.A Members to be of Service!!

Thank you to everyone that attended!

I'm extremely grateful! Teamwork will make this fun and effective! I welcome more people to get involved. There are so many opportunities to educate our communities, celebrate recovery, have fun in recovery and save lives!! I'm excited to work with you all!

I updated the meetings list and printed 400 copies. It cost \$80.60 ! Aurora was kind enough to meet me at Office Depot and the costs were covered out of the PR Budget!

Sly volunteered to contact every meeting on the list to make sure everything is completely updated!

Thank you Sly!

PUBLIC RELATIONS Week is coming the First week of June!!

We are planning for an Amazing PR week. We will have activities for each day! This is going to be an incredible opportunity to educate our community about how to find NA And help the still suffering addict! Recovery is Possible and we are living proof of this!

Moving forward I will continue to have the PR Committee meeting on the 3rd Friday of the month at 6 pm! I will have it posted in the News Letter, on Facebook and will announce it at meetings!!

I want to thank Rosie for her support with this position! I also want to thank everyone who has been willing to lend their time and experience to help me really get this position rolling!

I will print more meeting lists once We have contacted each group!

Special Thanks to Don and Kenzie for their support and willingness to answer the hot line!

Thank you to Kenzie, Wesley and Alex R. For their continued willingness to help me!!

I'm extremely grateful for this opportunity to serve NA and I'm very proud of my fellow Addicts for being willing to give back to NA AND our community!!

With a heart full of Gratitude,

Crystal P

Pr.na.laasc@gmail.com

701-404-7377

651-592-4574

H&I Chair

Greetings my fellow addicts,

As always I will start off by saying thank you for allowing me to be of service. This month has been an exciting one. First off I am pleased to be reporting that the Clay County jail is looking to begin programs starting in June and has reached out to us about facilitating a meeting there once again.

That being said, my position is getting far more difficult to manage alone. I am looking to get more volunteers to not only go into the jail(there are specific requirements for this) and also more help in H and

I in general. If interested please email me at the address below along with any questions/ information about yourself which may be pertinent to your interests, i.e. clean time, legal status, and or skill sets helpful to fulfilling various positions within the sub-committee.

Lastly I would like to report that Grand Forks is now getting to go into a new facility to their community. It is my understanding that they are still kind of figuring a few things out but have been going in regularly for a couple of months now. I have extended my assistance in any way to their group. Hopefully that continues to be successful.

Currently in fargo/ Moorhead we are only in Anchorage and have been experiencing a hiccup or two with scheduled times with them otherwise we have had great turn out for addicts wanting to go in and help facilitate and share their experience, strength and hope.

In service,

Aaron H.

aaronmhennager@gmail.com

701-866-9091 text please

April 2022 Literature Report

Hello my friends and colleagues, as agreed upon in our subcommittee I have made our quarterly area donation in the amount of \$184.73 on the 15th day of April, 2022. Also I would like to encourage more addicts to join us by bringing up more ideas of how we can influence the newcomer and to put more NA literature in the hands of more addicts. As well as the concept that the program of Narcotics Anonymous is in the literature. We do have our next subcommittee meeting scheduled for Sat May 7th at 5pm at the lighthouse church. Once again, the newsletter is available one week prior to the month being featured. Contact our newsletter executive editor Brendan C.

Opening Balance 3/18/22	\$670.91
Literature purchased by Committee	\$957.02
Literature Sales/Dopsites	\$784.39
Inventory on hand today 4/15/22	\$2,451.68
Closing Balance 4/15/22	\$339.05
Total assets	\$2,790.73

In service of Narcotics Anonymous,

Shawn M

Training Committee

Good day to all, training committee is looking forward to presenting what we have put together so far we will be doing our first workshop at service begins with me April 30th in Grand Forks we are also scheduled for a workshop at spiritual refreshment Memorial Day weekend we would like to thank everybody for their support and service

Art P.

Ad-hoc Training Chair

Election Schedule

Position	Current Trusted Servant	Contact Information	Voted In	Term Ends	Meeting
LAASC Chair	Rosy M	701-781-2857	1/2022	1/2023	3 rd Saturday 12pm
LAASC Vice Chair	Tory Q.	701-412-6223	10/2021	10/2022	-refer to chair
Secretary	Garrett R	701-388-7805	12/20/21	12/20/22	-refer to chair
LAASC Treasurer	Aurora S	701-566-1645	3/2022	3/2023	
LAASC RCM	Dylan D	701-740-6223	9/2021	9/2023	-refer to chair
LAASC Alt RCM	Brendan C	701-809-1292	12/21/2021	12/21/22	-refer to chair
LAASC Parliamentarian	Brendan C.	701-809-1292	10/2021	10/2022	-refer to chair
LAASC H&I Chair	Aaron H	701-866-9091	1/2021	1/2023	-refer to H&I chair
LAASC Area Activities Chair	Dylan D	701-740-6223	5/2021	5/2022	-refer to activities chair
LAASC Area Activities Treasurer	John O	218-831-2333	5/2021	5/2022	-refer to activities chair
LAASC PR Chair	Crystal P	701-405-3940	2/2022	2/2023	-refer to PR chair
LAASC Literature Chair	Shawn M	320-469-7520	8/2021	8/2022	-refer to Lit chair

Executive Committee:

- \$3,050.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
 - \$350 Chair
 - \$350 Vice Chair
 - \$350 Secretary
 - \$350 Treasurer
 - \$350 Activities Chair
 - \$900 Event Lodging Spiritual Refreshment
 - \$400 Event Lodging Regional Convention
- \$360 Starter Kits
 - Rent for RSC (\$50 for each)
- \$120.00 Miscellaneous (Postage and papers)
- \$118.00 PO Box fee
- \$576.00 Activites Storage
- \$0.00 Check printing
- \$4,998.00 Total for Executive Committee

Web Resource Person:

- \$18.00 Domain Name for Site
- \$350.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
 - \$0.00 Word Press
- \$368.00 Total for Web Resource

FDC:????

- \$0.00 Group Starter Kits
- \$0.00 Literature Order
- \$0.00 Travel to FDC Meetings
- \$0.00 Lodging if Appropriate
- \$0.00 Workshops & Supplies
- \$0.00 Participation in Public Events
- \$0.00 Miscellaneous Expenses

- \$0.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
- \$0.00 Total for FDC

RD Budget:

- \$1,000.00 ZF for 2022
- \$400.00 Workshops 2022
 - \$0.00 Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
 - \$350 RD
 - \$350 RDA
 - \$0.00 Travel and Lodging for AD WSC 2020
- \$3,300.00 Total of RD Team for 2020

\$8,385.00 Total 2020 Budget for the UMRSC